**HEALTH AND PHYSICAL EDUCATION**  
Clovis Community College  
Associate of Science  
Catalog 2019-2020

<table>
<thead>
<tr>
<th>NAME</th>
<th>DATE</th>
<th>STUDENT ID#</th>
<th>ADVISOR</th>
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I. **GENERAL ED REQUIREMENTS** (35 CR)
Refer to the Clovis Community College General Education Core Courses. Students must take BIOL 2210C and BIOL 2225C as part of their general education requirements.

**AREA I: COMMUNICATION** (9 CR)
- ENGL 1110* Composition I 3
- ENGL 1120 Composition II OR ENGL 2210* Technical & Prof Com 3
- COMM 2120 Interperson Comm OR COMM 1130 Public Speaking 3

**AREA II: MATHEMATICS** (3 CR)
Select from: (a), (b), or (c).
- MATH 1130* Survey of Mathematics 3

**AREA III: LAB SCIENCE** (8 CR)
Select from: (a), (b), (c), or (d).
- BIOL 2210C Human Anatomy and Physiology I Lecture & Lab 4
- BIOL 2225C Human Anatomy and Physiology II Lecture & Lab 4

**AREA IV: SOCIAL & BEHAV SCI** (6-9 CR)
Select at least two different categories from: (a), (b), (c), (d), OR (e)

**AREA V: HUMANITIES** (3-6 CR)
Select from: (a), (b), (c), (d), or (e)

**AREA VI: ARTS** (3-6 CR)
Select from: (a), (b), (c), or (d)

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<tr>
<th>II. <strong>RELATED REQUIREMENTS</strong> (3 CR)</th>
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<tr>
<td>BCIS 1110 Fundamentals of Information Literacy &amp; Systems</td>
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<th>III. <strong>PROGRAM REQUIREMENTS</strong> (25-26 CR)</th>
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<tr>
<td>Program Requirements must be completed with a “C” or better</td>
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<tr>
<td>EXSC 1110 Youth Fitness</td>
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<td>EXSC 2110 Exercise Physiology</td>
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<tr>
<td>EXSC 2120* Structural Kinesiology</td>
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<tr>
<td>HLED 1120 American Red Cross First Aid &amp; CPR/AED</td>
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<tr>
<td>HLED 1130 Concepts of Health &amp; Wellness</td>
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<tr>
<td>HLED 1170 Fitness Concepts for Special Populations</td>
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<tr>
<td>HLED 2230* Observation in Health &amp; Physical Education</td>
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<tr>
<td>HLED 2510 History and Philosophy of Physical Education</td>
</tr>
<tr>
<td>PHED 1110 Dance: Ballroom</td>
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**ELECTIVES: 2-3 CR**
Electives must be completed with a “C” or better
- Select from: HLED 1220, HLED 2110, and NUTR 2110

**ELECTIVES: 1 CR**
Electives must be completed with a “C” or better
- Select from: PHED 1140, PHED 1320, PHED 1430, PHED 1510, PHED 1620, PHED 1670, and PHED 1830.

**ELECTIVES: 1 CR**
Electives must be completed with a “C” or better
- Select from: PHED 1210, PHED 1230, PHED 1280, PHED 2230 and PHED 2280.

**TOTAL CREDITS REQUIRED** 63-64 CR

*Course requires a prerequisite  
Δ Course requires a “C” or better  
(Fifteen semester hours towards degree or certificate must be completed at CCC with a 2.0 cumulative CCC grade point average.)
AREA I: Communication (9 CR)
Select 9 credits, one each from: a, b, and c.

a. ENGL 1110*
b. ENGL 1120*, ENGL 2210*
c. COMM 1130, 2120

AREA II: Mathematics (3 CR)
Select from: a, b, or c.

a. MATH 1130*
b. MATH 1220*
c. MATH 1350*

*MATH 1220 required for business & science majors.
*MATH 1130 recommended for liberal arts majors, but not acceptable for business & science majors.

AREA III: Lab Science (8 CR)
Select from: a, b, c, or d.

a. BIOL 1110C, 1130C, 2210C, 2225C*, 2310C
b. CHEM 1120C, 1215C*, 1225C*
c. PHYS 1115C, 1230C*, 1240C*
d. GEOL 1110C

(Students are required to choose up to 15 credit hours from areas IV, V & VI)

AREA IV: Social/Behavioral Sciences (6-9 CR)
Select from two different categories:

a. ECON 1110, 2110*, 2120*
b. POLS 1120, 2160
c. PSYC 1110, 2120, 2130, 2140
d. SOCI 1110, 2240, 2310
e. ANTH 1140, 1180

AREA V: Humanities (3-6 CR)
Select from a, b, c, d, or e:

a. HIST 1110, 1120, 1130, 1140, 2110
b. PHIL 1120, 2110, 2230
c. HUMAN 1110, 2110
d. ENGL 1410, 2350, 2360, 2370, 2380, 2610, 2620, 2630, 2640
e. SPAN 1110, 1120*

AREA VI: Arts (3-6 CR)
Select from a, b, c, d, or e:

a. ARTH 1110, 2110, 2120
b. ARTS 1240, 1250*, 1340, 1610, 1630, 2330*, 2410, 2610*, 2630*
c. DANC 1110
d. MUSC 1130, 1210
e. THEA 1110, 1130

* Course requires a prerequisite.

All students who test into any developmental class must take FYEX 1110 First-year Seminar during their first semester.