

EXERCISE SPECIALIST
Clovis Community College
Certificate of Completion
Catalog 2016-2017

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|-------------|--|---------|--|
| NAME | | DATE | |
| STUDENT ID# | | ADVISOR | |

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|---|---|--|
| BIOL 115 Human Biology and Lab | 4 | |
| HPE 121 Personal Health | 3 | |
| HPE 142 Fundamentals of Physical Well Being | 2 | |
| HPE 143 Fundamentals of Coaching | 2 | |
| HPE 144 Fitness Concepts for Special Populations | 2 | |
| HPE 145 History and Concepts in Physical Ed | 3 | |
| HPE 147 Intro to Care & Prevention of Athletic Injuries | 3 | |
| HPE 148* Intro to Kinesiology | 3 | |
| HPE 149 Training Theory | 3 | |
| HPE 220 First Aid and CPR | 2 | |
| HPE 221 Weight Training OR | 1 | |
| HPE 222 Circuit Weight Training | | |
| HPE 223 Advanced Weight Training | 1 | |
| HPE Aerobic Activity Course | 1 | |

TOTAL CREDITS REQUIRED

30 CR

All Courses requires a “C” or better

***Course requires a prerequisite.**

(Fifteen semester hours towards degree or certificate must be completed at CCC with a 2.0 cumulative CCC grade point average.)