

**EXERCISE SPECIALIST
Clovis Community College
Certificate of Completion
Catalog 2015-2017**

NAME		DATE	
STUDENT ID#		ADVISOR	

PROGRAM REQUIREMENTS

(30 CR)

BIOL 115 Human Biology and Lab	4	
HPE 121 Personal Health	3	
HPE 142 Fundamentals of Physical Well Being	2	
HPE 143 Fundamentals of Coaching	2	
HPE 144 Fitness Concepts for Special Populations	2	
HPE 145 History and Concepts in Physical Ed	3	
HPE 147 Intro to Care & Prevention of Athletic Injuries	3	
HPE 148 Intro to Kinesiology	3	
HPE 149 Training Theory	3	
HPE 220 First Aid and CPR	2	
HPE 221 Weight Training OR HPE 222 Circuit Weight Training	1	
HPE 223 Advanced Weight Training	1	
HPE Aerobic Activity Course	1	

TOTAL CREDITS REQUIRED

30 CR

***Course requires a prerequisite.**

(Fifteen semester hours towards degree or certificate must be completed at CCC with a 2.0 cumulative CCC grade point average.)