

HEALTH AND PHYSICAL EDUCATION
Clovis Community College
Associate of Science
Catalog 2025-2026

NAME		DATE	
STUDENT ID#		ADVISOR	Bret Greeno

I. GENERAL ED REQUIREMENTS (35 CR)

Refer to the Clovis Community College General Education Core Courses. Students must take **BIOL 2210C** and **BIOL 2225C** as part of their general education requirements.

AREA I: COMMUNICATION (9 CR)

ΔENGL 1110* Composition I	3	
ENGL 1120* Composition II OR ENGL 2210* Professional & Technical Comm	3	
COMM 2120 Interpersonal Comm OR COMM 1130 Public Speaking	3	

AREA II: MATHEMATICS (3 CR)

MATH 1130 Survey of Mathematics	3	
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AREA III: LAB SCIENCE (8 CR)

ΔBIOL 2210C Human Anatomy and Physiology I Lecture & Lab	4	
BIOL 2225C Human Anatomy and Physiology II Lecture & Lab	4	

AREA IV: SOCIAL & BEHAV SCI (6-9 CR)

Select at least two different categories

AREA V: HUMANITIES (3-6 CR)

AREA VI: ARTS (3-6 CR)

II. RELATED REQUIREMENTS (3 CR)

*Course requires a prerequisite

Δ Course requires a "C" or better

(Fifteen semester hours towards degree or certificate must be completed at CCC with a 2.0 cumulative CCC grade point average.)

BCIS 1110 Fundamentals of Information Literacy & Systems	3	
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III. PROGRAM REQUIREMENTS (25-26 CR) Program

Requirements must be completed with a "C" or better

EXSC 1110 Youth Fitness	2	
EXSC 2110 Exercise Physiology	3	
EXSC 2120* Structural Kinesiology	3	
HLED 1120 American Red Cross First Aid & CPR/AED	2	
HLED 1130 Concepts of Health & Wellness	3	
HLED 1170 Fitness Concepts for Special Populations	2	
HLED 2230* Observation in Health & Physical Education	2	
HLED 2510 History and Philosophy of Physical Education	3	
PHED 1110 Dance: Ballroom	1	

ELECTIVES: 2-3 CR

Electives must be completed with a "C" or better

Select from: HLED 1220, HLED 2110, and NUTR 2110

	2-3	
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ELECTIVES: 1 CR

Electives must be completed with a "C" or better

Select from: PHED 1140, PHED 1320, PHED 1430, PHED 1510, PHED 1620, PHED 1670, and PHED 1830.

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ELECTIVES: 1 CR

Electives must be completed with a "C" or better

Select from: PHED 1210, PHED 1230, PHED 1280, PHED 2230 and PHED 2280.

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TOTAL CREDITS REQUIRED 63-64 CR

Clovis Community College Lower Division General Education Core (35 CR)

2025-2026 Catalog

AREA I: Communication (9 CR)

- a. ENGL 1110*
- b. ENGL 1120*, ENGL 2210*
- c. COMM 1130, 2120

(Students are required to choose up to 15 credit hours from areas IV, V & VI)

AREA II: Mathematics (3 CR)

- a. MATH 1130*
- b. MATH 1220*
- c. MATH 1350*
- d. MATH 1512*
- e. MATH 1522*
- f. MATH 2420*
- g. MATH 2430*
- h. MATH 2531*

AREA IV: Social/Behavioral Sciences (6-9 CR)

Select from two different categories

- a. ECON 1110, 2110*, 2120*
- b. POLS 1120
- c. PSYC 1110, 2120, 2130, 2140
- d. SOCI 1110, 2240, 2310
- e. ANTH 1140, 1180

AREA III: Lab Science (8 CR)

- a. BIOL 2210C
- b. BIOL 2225C

AREA V: Humanities (3-6 CR)

- a. HIST 1110, 1120, 1130, 1140, 1150, 1160, 1170, 1180, 2110, 2145
- b. PHIL 1120, 2110, 2230
- c. HUMN 1110, 2110
- d. RELG 1110, 1126, 1510, 2130, 2140, 2220, 2230
- e. ENGL 1410, 2370, 2380, 2610, 2630, 2640
- f. SPAN 1110, 1120*

AREA VI: Arts (3-6 CR)

- a. ARTH 1110, 2110, 2120
ARTS 1240, 1250*, 1340, 1610, 1630, 2330*,
2410, 2610*, 2630*
- b. DANC 1110
- c. MUSC 1130
- d. THEA 1110, 1130, 1220, 2250

* Course requires a prerequisite.