



Movers & Makers

Health, Fitness and Creative Courses

Fall 2026



16-WEEKS

ART

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32889	ARTS 1240 301	Design I	9:00 am-11:45 am	T	On-Campus
32005	ARTS 1340 301	Functional Ceramics I	6:00 pm-8:30 pm	T	On-Campus
32527	ARTS 1520 3L0	Digital Media I	1:30 pm-2:45 pm	TR	Live Online
33027	ARTS 1520 3N0	Digital Media I	TBA	TBA	Online
32822	ARTS 1530 3N0	Digital Media II	TBA	TBA	Online
33002	ARTS 1610 301	Drawing I	1:30 pm-4:00 pm	T	On-Campus
31999	ARTS 1620 301	Life Drawing I	1:30 pm-4:00 pm	T	On-Campus
32890	ARTS 1840 301	Sculpture I	1:30 pm-4:00 pm	M	On-Campus
32648	ARTS 2120 3N0	Graphic Design I	TBA	TBA	Online
33087	ARTS 2330 301	Functional Ceramics II	6:00 pm-8:30 pm	M	On-Campus
33029	ARTS 2630 301	Painting II	3:00 pm-5:30 pm	W	On-Campus

PHYSICAL EDUCATION (HPE ACTIVITY COURSES)

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32333	PHED 1110 301	Dance: Beginning Belly Dancing	6:00 pm-7:40 pm	M	On-Campus
32334	PHED 1110 302	Dance: Country & Western Dance	6:15 pm-7:55 pm	T	On-Campus
32677	PHED 1110 303	Dance: Aerobic Dance	9:00 am-9:50 am	MW	On-Campus
32985	PHED 1140 301	Zumba	5:00 pm-5:50 pm	MW	On-Campus
33060	PHED 1140 302	Zumba	1:30 pm-2:20 pm	TR	On-Campus
32549	PHED 1320 301	Aqua Fit: Senior Aquatics	3:00 pm-3:50 pm	TR	On-Campus
32303	PHED 1320 302	Aqua Fit: Water Aerobics	8:00 am-8:50 am	TR	On-Campus
32304	PHED 1320 303	Aqua Fit: Water Aerobics	9:00 am-9:50 am	MW	On-Campus
33061	PHED 1320 304	Aqua Fit: Water Aerobics	9:00 am-9:50 am	TR	On-Campus
32308	PHED 1320 305	Aqua Fit: Water Aerobics	4:00 pm-4:50 pm	TR	On-Campus
32436	PHED 1410 301	Yoga: Beginning Yoga	4:00 pm-5:40 pm	M	On-Campus
32311	PHED 1410 302	Yoga: Beginning Yoga	2:30 pm-4:10 pm	W	On-Campus
32315	PHED 1430 301	Pilates	8:00 am-8:50 am	MW	On-Campus
32326	PHED 1510 301	Training: Body Sculpting	1:30 pm-2:20 pm	MW	On-Campus
32739	PHED 1510 302	Training: Body Sculpting	12:30 pm-1:20 pm	TR	On-Campus
32740	PHED 1510 303	Training: Beg. Weight Training	12:00 pm-12:50 pm	TR	On-Campus
32341	PHED 1510 304	Training: Circuit Training	9:00 am-9:50 am	TR	On-Campus
32741	PHED 1510 305	Training: Circuit Training	5:00 pm-5:50 pm	TR	On-Campus
32742	PHED 1510 306	Training: Kickboxing	6:00 pm-6:50 pm	TR	On-Campus
33062	PHED 1510 307	Training: Boot Camp	6:00 pm-6:50 pm	MW	On-Campus
32329	PHED 1610 301	Fitness for Life	TBA	TBA	On-Campus
32568	PHED 1620 301	Fitness: Indoor Cycling	9:00 am-9:50 am	MW	On-Campus
32851	PHED 1620 302	Fitness: Indoor Cycling	4:00 pm-4:50 pm	MW	On-Campus
32324	PHED 1620 303	Fitness: Core Fitness I	12:30 pm-01:20 pm	MW	On-Campus
32316	PHED 1710 301	Martial Arts: Self-Defense	7:00 pm-8:40 pm	T	On-Campus
32357	PHED 2996 301	Topics in PE: Mindful/Meditatn	5:00 pm-6:40 pm	W	On-Campus
32349	PHED 2996 302	Topics in PE: Tai Chi	1:00 pm-1:50 pm	TR	On-Campus
32721	PHED 2996 303	Topics in PE: Tai Chi	12:00 pm-12:50 pm	MW	On-Campus



THEATRE

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
13291	THEA 1110 301	Introduction to Theatre	10:30 am-11:45 am	TR	On-Campus
32912	THEA 1110 3N0	Introduction to Theatre	TBA	TBA	Online
33084	THEA 1130 301	Introduction to Film	9:00 am-10:15 am	TR	On-Campus
33085	THEA 1130 3N0	Introduction to Film	TBA	TBA	Online
32913	THEA 1220 301	Beginning Acting	1:30 pm-2:45 pm	TR	On-Campus
33086	THEA 2220 301	Intermediate Acting	10:30 am-11:45 am	MW	On-Campus
32914	THEA 2250 301	The Company Class	3:00 pm-4:15 pm	MW	On-Campus

WELDING

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32944	WELD 1113 301	General Welding for Hobbyist	5:30 pm-8:30 pm	M	On-Campus

WOODWORKING

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32967	WOOD 1810 301	Basic Woodworking Projects	6:45 pm-9:15 pm	M	On-Campus
32973	WOOD 2110 301	Doors/Drawers/Hardware Furnit	6:45 pm-9:15 pm	W	On-Campus
32970	WOOD 2810 301	Advanced Woodworking Projects	6:45 pm-9:15 pm	M	On-Campus

FIRST 8-WEEKS

PHYSICAL EDUCATION (HPE ACTIVITY COURSES)

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
33082	PHED 1230 330	Individual Sport: GOnlinef	8:00 am-9:40 am	MW	On-Campus
32839	PHED 1620 330	Fitness: Walking for Fitness	7:00 am-7:50 am	MTWR	On-Campus
32347	PHED 2230 331	Individ. Sport II: Int. Tennis	6:00 pm-7:40 pm	TR	On-Campus
32986	PHED 2996 330	Topics in PE: Pickleball	9:00 am-10:40 am	MW	On-Campus
32825	PHED 2996 331	Topics in PE: Pickleball	4:00 pm-5:40 pm	MW	On-Campus
32849	PHED 2996 332	Topics in PE: Pickleball	9:00 am-10:40 am	TR	On-Campus
32987	PHED 2996 333	Topics in PE: Pickleball	6:00 pm-7:40 pm	TR	On-Campus

WOODWORKING

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32968	WOOD 1810 330	Basic Woodworking Projects	6:45 pm-9:15 pm	TR	On-Campus
32971	WOOD 2810 330	Advanced Woodworking Projects	6:45 pm-9:15 pm	TR	On-Campus

SECOND 8-WEEKS

PHYSICAL EDUCATION (HPE ACTIVITY COURSES)

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32322	PHED 1620 335	Fitness: Indoor Cycling	9:00 am-10:40 am	TR	On-Campus
32877	PHED 1620 336	Fitness: Walking for Fitness	7:00 am-07:50 am	MTWR	On-Campus
32738	PHED 2996 335	Topics in PE: Pickleball	9:00 am-10:40 am	MW	On-Campus
32813	PHED 2996 336	Topics in PE: Pickleball	4:00 pm-5:40 pm	MW	On-Campus
32850	PHED 2996 337	Topics in PE: Pickleball	9:00 am-10:40 am	TR	On-Campus
32988	PHED 2996 338	Topics in PE: Pickleball	6:00 pm-7:40 pm	TR	On-Campus

WOODWORKING

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32969	WOOD 1810 335	Basic Woodworking Projects	6:45 pm-9:15 pm	TR	On-Campus
32972	WOOD 2810 335	Advanced Woodworking Projects	6:45 pm-9:15 pm	TR	On-Campus