

# LEARNING STYLES STUDY TIPS



## VISUAL LEARNERS

- **Visualize what you read.**
- **Picture the action in your mind.**
- **Use color.** Highlight main points and key words when you are reading. Use different color pens for different concepts when taking notes.
- **Look at the pictures in the textbook.** Before you start reading, look at the pictures to get an idea of the concepts you will be reading about. Study the graphs.
- **Use flashcards.** Flashcards are helpful in memorizing facts. You can also color code them.
- **Get as much information as possible in writing.** Write down instructions that are given in class and copy down what the instructor writes on the board.



## AUDITORY LEARNERS

- **Read aloud.** Highlight main concepts and repeat them aloud. Repeat the information over and over to memorize it.
- **Read your notes aloud,** record your voice and play it back. You can do the same thing with your textbook.
- **Ask a friend to ask you questions so that you can share what you have learned orally.**
- **Participate in a study group** where you can discuss new material or explain to a friend the information that you have just learned.
- **Use rhymes, jingles, or make up acronyms to help you recall facts.**



## KINESTHETIC LEARNERS

- **Walking around while you are reading can improve comprehension.**
- **Follow along with your finger or bookmark when reading.** This can also help comprehension.
- **Act out a passage that you are reading.**
- **Copy down important facts while you are reading.**
- **Rewrite your class notes.**
- **When possible, choose to do projects that allow you to use your hands.**
- **Take physical breaks.** Break up your study time into short segments of no more than 30 minutes at a time and take a physically active break.
- **Take your own field trips to enhance your studying.** Visit museums, exhibits, etc. that relate to what you are studying.